

COWDEN SUPPORT PROGRAM INSTRUCTIONS

- ▶ As soon as you receive the kit for each month, immediately open the box, remove, and succuss any bottles which have a sticker labeled "INFUSED". Instructions on how to succuss infused products are at the bottom of this page.
- ▶ Before each use shake the liquid products well.
- ▶ Mix the liquid products together in a glass, porcelain or paper cup (not Styrofoam, plastic or metal) then add at least a ½ cup (4 oz./120ml) of water (preferably mineral water and not distilled water). Let the blended products and water sit for 1 minute before drinking (longer is fine). Minimize your exposure to plastics (try to drink from glass as much as possible and try not to eat or drink food / fluids that have been in plastics) The products are most effective when taken in water. The products can be taken directly in the mouth without water, but this should only be done when water is not available.
- ▶ Check the "Done:" box on the Program Schedule sheets after taking each dose so that there is no confusion as to whether the dose has been taken. Background color changes on the schedule represent a change from what products were taken at the same time the previous day.
- ▶ If HERX reaction is suspected (feeling worse in any way than you were before) take 10 drops of **BURBUR** or 10 drops of **PARSLEY** with 10 drops of **PINELLA** in ¼ cup of clean water every 10 minutes for up to 2 hours and then resume the program. If the symptoms do not resolve by the time of the next scheduled dose of the **MICROBIAL DEFENSE** products then skip that one dose. If this happens more than once then consider increasing the dosage every 1-2 days instead of every dose.
- ▶ Drink 3-4 liters (quarts) of pure water daily (preferably mineral water and not distilled water).
- ▶ Please note that **ZEOLITE** used from day 4 through day 46 is a different product from **ZEOLITE HP** which begins on day 49.
- ▶ If you are unaware of any food allergies you may have, we recommend avoiding all common food allergens – all cow milk and cow cheese products, most wheat products, all corn products (corn oil, corn starch, and corn syrup), peanuts and peanut oil (most oriental foods), soy products (it is a common filler in fast food restaurants), black pepper, white pepper, sugar (may substitute Nutramedix **STEVIA**).
- ▶ The first bottle you receive of the following products: **BANDEROL**, **SAMENTO**, **MORA**, **ENULA**, **CUMANDA**, and **HOUTTUYNIA** will be infused and there will be an "INFUSED" sticker on the label of these bottles. These are the master bottles and should be kept as the bottles in use indefinitely.
- ▶ Master bottles should be succussed every 3-4 days if they are in use. Succussion (succussion / su-kush'un) is the rapid and forceful striking of the bottle against a firm surface or palm of the hand fifty or more times. Remember to be cautious when succussing glass bottles. Use a firm padded surface, like your hand, but not a hard surface.
- ▶ When ¼-½ of an inch of liquid is left in the bottle, refill the bottle using the liquid from a new bottle of identical product and then immediately succuss fifty or more times. The last ¼-½ of an inch of liquid in the first bottle is the basis for making your second bottle of infused product as described above. Do NOT use all of the liquid in the Master bottle before blending with the contents of the second bottle. The bottle should be succussed each time it is refilled and again every 3-4 days thereafter if it is in use.
- ▶ Many users choose to continue the program beyond the 6th month. To facilitate this, make sure to keep all Master bottles with a minimum of ¼-½ of an inch of product in each one for future use.
- ▶ **WARNING:** Binders such as Activated Charcoal & Calcium Bentonite Clay should be avoided while using the Condensed Cowden Support Program. Activated Charcoal always binds the active ingredients that are in the herbal remedies and pharmaceuticals and makes them ineffective. They should only be considered on the rare occasion when you have been severely affected by a Herxheimer reaction that does not resolve with Burbur, Parsley, Pinella, or water.
- ▶ **IMPORTANT:** Reorder products for your next month two weeks in advance to ensure no interruption of the program.
- ▶ **OPTIONAL NUTRAMEDIX PRODUCTS:** For extreme fatigue, 20 drops of **ADRENAL SUPPORT** can be taken, twice daily 10-15 min. before breakfast and supper. For stress and difficulty sleeping, 15 drops of **AMANTILLA RELAX/SLEEP** can be taken 4 times daily, after meals and 30 min. before bedtime.

START DATE

M:

D:

Y:

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
1	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
2	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
3	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops	BURBUR PINELLA Done: ▶	10 drops 10 drops	PARSLEY Done: ▶	10 drops
4	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	1 drop 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 1 drop 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	2 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 2 drops 10 drops 2 caps
5	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	3 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 3 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	4 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 4 drops 10 drops
6	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	5 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 5 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	6 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 6 drops 10 drops
7	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	7 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 7 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	8 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 8 drops 10 drops 2 caps
8	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	9 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 9 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 10 drops 10 drops
9	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	11 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 11 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	12 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 12 drops 10 drops
10	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	13 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 13 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	14 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 14 drops 10 drops 2 caps
11	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	15 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 15 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	16 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 16 drops 10 drops

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
12	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	17 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 17 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	18 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 18 drops 10 drops
13	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	19 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 19 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	20 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 20 drops 10 drops 2 caps
14	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	21 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 21 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	22 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 22 drops 10 drops
15	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	23 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 23 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	24 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 24 drops 10 drops
2	BEST TIME TO REORDER PRODUCTS FOR MONTH 2							
16	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	25 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 25 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	26 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 26 drops 10 drops 2 caps
17	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	27 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 27 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	28 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 28 drops 10 drops
18	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	29 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 29 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
19	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
20	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
21	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
22	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
23	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
24	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
25	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
26	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
27	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
28	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
29	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
30	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
31	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
32	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
33	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
34	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
35	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
36	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
37	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
38	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
39	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
40	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE	2 caps
41	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

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DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
42	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
43	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
44	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
45	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
3	BEST TIME TO REORDER PRODUCTS FOR MONTH 3							
46	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
47	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
48	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
49	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
50	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
51	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
52	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			ZEOLITE HP	
53	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
54	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
55	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			ZEOLITE HP	
56	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
57	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
58	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			ZEOLITE HP	
59	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
60	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			Done: ▶	
61	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶			Done: ▶			ZEOLITE HP	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
62	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
63	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
64	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
65	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
66	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
67	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
68	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
69	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
70	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
71	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
72	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
73	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
74	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
75	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
4	BEST TIME TO REORDER PRODUCTS FOR MONTH 4							
76	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	10 drops 10 drops 30 drops 10 drops 2 caps
77	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SAMENTO SPARGA Done: ▶	10 drops 10 drops 30 drops 10 drops
78	BANDEROL BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	30 drops 10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops
79	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
80	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
81	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
82	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
83	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
84	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
85	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
86	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
87	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
88	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
89	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
90	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
91	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 10 drops 2 caps
92	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	CUMANDA PARSLEY PINELLA SPARGA Done: ▶	30 drops 10 drops 10 drops 10 drops
93	BURBUR MAGNESIUM MORA SAMENTO SERRAPEPTASE Done: ▶	10 drops 2 caps 30 drops 20 drops 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops
94	BURBUR MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 2 caps 1 cap	PARSLEY PINELLA SPARGA Done: ▶	10 drops 10 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 2 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops 2 caps
95	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 4 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 6 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops
96	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 8 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 10 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops
97	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 12 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops	BURBUR ENULA MAGNESIUM SERRAPEPTASE Done: ▶	10 drops 14 drops 2 caps 1 cap	HOUTTUYNIA PARSLEY PINELLA SAMENTO SPARGA ZEOLITE HP Done: ▶	30 drops 10 drops 10 drops 20 drops 10 drops 2 caps

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
98	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	16 drops	PARSLEY	10 drops	ENULA	18 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
99	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	20 drops	PARSLEY	10 drops	ENULA	22 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
100	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	24 drops	PARSLEY	10 drops	ENULA	26 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
101	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	28 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
102	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
103	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
104	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
105	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

5

BEST TIME TO REORDER PRODUCTS FOR MONTH 5

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
106	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
107	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
108	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
109	BURBUR	10 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
					SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
110	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
111	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
112	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
113	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
114	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST		30min BEFORE LUNCH		30min BEFORE SUPPER		AT BEDTIME	
		DOSAGE		DOSAGE		DOSAGE		DOSAGE
115	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
116	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
117	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
118	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
119	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
120	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
121	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
122	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
123	BANDEROL	30 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
124	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MORA	30 drops	PINELLA	10 drops
					SAMENTO	20 drops	SPARGA	10 drops
	Done: ▶		Done: ▶		SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
125	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
126	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
127	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶	Done: ▶		
128	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
129	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
130	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶	Done: ▶		
131	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
132	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
133	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶	Done: ▶		

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶									
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE	
134	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops	
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops	
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops	
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops	
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap			
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
135	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops	
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops	
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops	
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops	
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap			
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
136	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops	
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops	
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops	
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops	
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
137	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops	
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops	
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops	
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops	
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap			
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
138	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops	
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops	
	MORA	30 drops	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops	
	SAMENTO	20 drops							
	SERRAPEPTASE	1 cap							
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
6	BEST TIME TO REORDER PRODUCTS FOR MONTH 6								
139	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops	
	MAGNESIUM	2 caps	PINELLA	10 drops	ENULA	30 drops	PARSLEY	10 drops	
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops	
					SERRAPEPTASE	1 cap	SAMENTO	20 drops	
							SPARGA	10 drops	
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps	
							Done: ▶		
140	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops	
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops	
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops	
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops	
			SPARGA	10 drops			SPARGA	10 drops	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		
141	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops	
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops	
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops	
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops	
			SPARGA	10 drops			SPARGA	10 drops	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶		

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
142	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
143	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
144	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
145	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
146	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
147	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	
148	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		ZEOLITE HP	2 caps
			Done: ▶		Done: ▶		Done: ▶	
149	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
			Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
150	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
151	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	ZEOLITE HP 2 caps
152	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
153	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	ENULA	30 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap						
		Done: ▶		Done: ▶		Done: ▶		Done: ▶
154	BURBUR	10 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
					SERRAPEPTASE	1 cap	SPARGA	10 drops
		Done: ▶		Done: ▶		Done: ▶		Done: ▶
155	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
		Done: ▶		Done: ▶		Done: ▶		Done: ▶
156	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
		Done: ▶		Done: ▶		Done: ▶		Done: ▶
157	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
		Done: ▶		Done: ▶		Done: ▶		Done: ▶
158	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
		Done: ▶		Done: ▶		Done: ▶		Done: ▶

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
159	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
160	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	ZEOLITE HP 2 caps
161	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
162	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
163	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	ZEOLITE HP 2 caps
164	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
165	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
166	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	ZEOLITE HP 2 caps
167	BANDEROL	30 drops	PARSLEY	10 drops	BANDEROL	30 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	BURBUR	10 drops	PINELLA	10 drops
	MAGNESIUM	2 caps	SAMENTO	30 drops	MAGNESIUM	2 caps	SAMENTO	30 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
168	BANDEROL	30 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	BURBUR	10 drops	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MAGNESIUM	2 caps	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SERRAPEPTASE	1 cap	Done: ▶		Done: ▶		Done: ▶	
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
169	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MORA	30 drops	PINELLA	10 drops
					SAMENTO	20 drops	SPARGA	10 drops
					SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
170	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
171	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
172	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
173	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
174	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
175	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
176	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
177	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
178	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
179	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
180	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
181	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap	ZEOLITE HP	2 caps
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
182	BURBUR	10 drops	CUMANDA	30 drops	BURBUR	10 drops	CUMANDA	30 drops
	MAGNESIUM	2 caps	PARSLEY	10 drops	MAGNESIUM	2 caps	PARSLEY	10 drops
	MORA	30 drops	PINELLA	10 drops	MORA	30 drops	PINELLA	10 drops
	SAMENTO	20 drops	SPARGA	10 drops	SAMENTO	20 drops	SPARGA	10 drops
	SERRAPEPTASE	1 cap			SERRAPEPTASE	1 cap		
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
183	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	MORA	30 drops	SPARGA	10 drops	SERRAPEPTASE	1 cap	SPARGA	10 drops
	SAMENTO	20 drops						
	SERRAPEPTASE	1 cap						
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
184	BURBUR	10 drops	PARSLEY	10 drops	BURBUR	10 drops	HOULTUYNIA	30 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	ENULA	30 drops	PARSLEY	10 drops
	SERRAPEPTASE	1 cap	SPARGA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
					SERRAPEPTASE	1 cap	SAMENTO	20 drops
							SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
185	BURBUR	10 drops	HOULTUYNIA	30 drops	BURBUR	10 drops	HOULTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
186	BURBUR	10 drops	HOULTUYNIA	30 drops	BURBUR	10 drops	HOULTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS

COWDEN SUPPORT PROGRAM

PATIENT'S NAME ▶								
DAY #	30min BEFORE BREAKFAST	DOSAGE	30min BEFORE LUNCH	DOSAGE	30min BEFORE SUPPER	DOSAGE	AT BEDTIME	DOSAGE
187	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
188	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
189	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
190	BURBUR	10 drops	HOUTTUYNIA	30 drops	BURBUR	10 drops	HOUTTUYNIA	30 drops
	ENULA	30 drops	PARSLEY	10 drops	ENULA	30 drops	PARSLEY	10 drops
	MAGNESIUM	2 caps	PINELLA	10 drops	MAGNESIUM	2 caps	PINELLA	10 drops
	SERRAPEPTASE	1 cap	SAMENTO	20 drops	SERRAPEPTASE	1 cap	SAMENTO	20 drops
			SPARGA	10 drops			SPARGA	10 drops
	Done: ▶		Done: ▶		Done: ▶		Done: ▶	
END DATE: ▶		M: _____		D: _____		Y: _____		

IF HERX REACTION IS SUSPECTED (FEELING WORSE IN ANY WAY THAN YOU WERE BEFORE) TAKE 10 DROPS OF BURBUR OR 10 DROPS OF PARSLEY WITH 10 DROPS OF PINELLA IN ¼ CUP OF CLEAN WATER EVERY 10 MINUTES FOR UP TO 2 HOURS